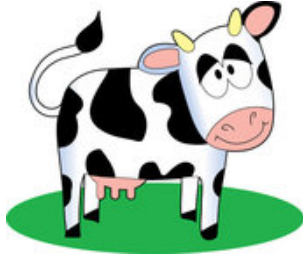


Milk and Dairy Quiz for Kids



Q. How much does a dairy cow weigh?

A. Almost 1,500 pounds. (Compare to a the weight of a truck)

Q. What do dairy cows eat?

A. Grass, hay (dried grass), grains (feed) and silage (chopped green grasses and green corn or beans).

Q. How much does a dairy cow eat each day?

A. Cows eat more than 100 pounds of food and 50 gallons of water each day! That's more than 360 hamburgers and 650 glasses of water a day for humans. (One bathtub full)

Q. How much milk does a dairy cow produce a day?

A. A cow can produce up to 8 gallons of milk per day. That's 125 glasses of milk.

Q. Why do cows make milk?

A. Cows make milk for their calves but they are such big animals that they make a lot more than a calf needs. The cow's milk can be used for us to drink or make dairy foods like cheese and yogurt.

Q. How are cows cared for on the farm?

A. Dairy farmers provide their cows with safe, clean living conditions. Each cow is also provided with a healthy diet and medical care.

Q. How does milk stay clean and safe to drink?

A. Milk is never touched by human hands. All milk is tested before leaving the dairy farm, at the dairy plant and again before it goes to your school or home.

Q. Why is it important for children to eat three serving of dairy foods every day?

A. Children need to eat three daily servings of dairy foods to help them build strong bones and teeth.

Q. How is chocolate milk made?

A. Flavored syrups are added to pure, fresh milk. Flavored milk is just as healthy and good for you as white milk.

Q. How long does it take from the time milk leaves the farm until it reaches the grocery store?

A. It takes 2 days or less for milk to travel from the farm, to the dairy plant and finally to the store for you to enjoy!